

PRESCHOOL MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cinnamon Raisin Oatmeal with Organic Flax/Chia/Coconut blend served with Bananas	Warm Pancakes topped with Homemade Organic Blueberry Compote	Vanilla Yogurt Topped with an Organic Mixed Berry Fruit Blend and Cascadian Farms Organic Granola	Fresh Baked Croissant served with Turkey Sausage	Scrambled Cheese Eggs with served in a Flour Tortilla and a side of Orange Juice
Am Snack	Veggie Straws served with Fresh Cut Cucumber Slices	Chex Mix served with Fresh Bananas	Sliced Apples served with Sunflower Butter and Raisins	Chex Mix served with Pear Slices	Wheat Thin Crackers served with Fresh Celery Slices
Lunch	All-Natural Veggie Burger Sliders served on Bakery Fresh Bun served with a side of Green Beans and Peaches	Creamy Chicken, Broccoli, and Wild Rice Casserole Served with a Fresh Orange Wedge	Spaghetti served with Homemade Marinara and Meatballs with a side Organic Spinach Salad and Pineapple	Slow-Stewed Chicken served with Organic Mixed Vegetable Blend and Mashed Potatoes	Asian Vegetable Teriyaki Lo Mein served with Mandarin Oranges
PM Snack	Sliced Apples served with Sunflower Butter and Raisins	Multigrain Tortilla's served with Homemade Caribbean Black Bean Dip (Wheat Thin Toddler Substitute)	Wheat Thin Crackers served with Fresh Celery Slices	Veggie Straws served with Fresh Cut Cucumber Slice	Multigrain Tortilla's served with Homemade Caribbean Black Bean Dip (Veggie Straw Toddler Substitute)

- Whole milk (under 2 years old) and 2% milk (over 2 years old) are served with Breakfast and Lunch meals
- Water is served with Morning and Afternoon Snacks